



**ROTATING LUNCH MENU**

**WEEK 1,3,5,7**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAD</b>	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Burger Buns	Whole Wheat Bread
<b>MAIN</b>	Chicken Nuggets	Grilled Chicken Breasts	Plov	Burgers Ketchup Mustard	Baked Ziti
<b>SIDE</b>	Orzo	Rice	Roasted Potatoes	French Fries	Mashed Potatoes
<b>FRUIT</b>	Various Fruits	Various Fruits	Various Fruits	Various Fruits	Various Fruits
<b>VEGGIE 2</b>	Sliced Cucumbers And Tomatoes	Sliced cucumbers Sliced tomatoes	Tossed Salad	Sliced Tomatoes Coleslaw	Sliced Cucumbers And Tomatoes
<b>DRINK</b>	Water	Water	Water	Water	Water

**WEEK 2,4,6,8**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAD</b>	Whole Wheat Bread	Whole Wheat Bread	Hot Dog Buns	Whole Wheat Bread	Whole Wheat Bread
<b>MAIN</b>	Chicken Nuggets	Baked Chicken	Hot Dogs Ketchup, Mustard	Meatballs in Sauce	Macaroni and Cheese
<b>SIDE</b>	Basmati Rice	Couscous	French Fries	Macaroni	Pancakes
<b>FRUIT</b>	Various Fruits	Various Fruits	Various Fruits	Various Fruits	Various Fruits
<b>VEGGIE 2</b>	Sliced Cucumbers And Tomatoes	Sliced Cucumbers And Tomatoes	Caesar Salad (dressing on the side) croutons	Tossed Salad	Sliced Cucumbers And Tomatoes
<b>DRINK</b>	Water	Water	Water	Water	Water